**Interview 5**

1. How do you manage to stay focused in this busy world?

You must set your goals and follow your bliss. And when you follow your bliss, the rest will come.

2. Are you a perfectionist? Does this hold you back or move you forward?

My entire life I strive for excellence and my purpose in life is to be the best in what I do. It’s not just me. We live in a society where everything is expected to be perfect, and when we make mistakes, we are being judged by others. That’s the world we live in.

3. What are you really afraid of?

What I know is this: if you do the work that you love, and the work fulfills you, the rest will come. One of life’s greatest risks is never daring to risk. I believe that every single event in life happens as an opportunity to choose love over fear. And I am constantly trying to prove to myself that I can live my life fearlessly.

4. How can you do everything in only 24 hours?

Every day you decide how you’re going to use your energy. Every day you set your goals and you decide what it’s going to take to reach those goals.

5. What conflicts in your life prevent you from being successful?

I am a woman in progress. I’m just trying like everybody else. I try to take every conflict, every experience, and learn from it. You can take from every experience what it has to offer you, and you cannot be defeated if you just keep taking one breath followed by another.