**Body Posture Vocabulary**

*Which of these expressions below suggest an open vs. closed posture? Select ten expressions for each and fill the table below.*

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| arms (are) crossed across/over/on the chest  clasping hands alongside the torso  clenching hands  clenching hands (into fists)  crossing legs  crossing one leg over the other  elbows (are) away from body  feet (are) spread apart  fidgeting  hands (are) clasped in front of the genitals  hands (are) folded in his/her lap | hands (are) not touching  hands (are) rested on the hips  head (is) raised  head(is) tipped/tilted forward  holding the head/body erect  hunching forward  knees (are) apart  leaning forward  leaning slightly toward another person  legs (are) crossed at the knees/ankles  legs (are) stretched out | legs (are) uncrossed  palms (are) up and the hands and fingers are spread  resting one leg on the other  shirt (is) unbuttoned at the neck  shoulders (are) hunched/raised/drooping  showing the palms of the hands  slouching/slumping  standing tall  standing up straight  tapping/jiggling a foot  tilting slightly away from another person |

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| Open Posture | Closed Posture |
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