**Lemon & Honey Drink**

A recipe courtesy of Limin

1. Use salt to rub the lemons. Then rinse the lemons under flowing water
2. Let the lemons dry in the air or use paper towel to dry it
3. Cut the lemons in slices, taking the seeds out
4. Put one slice into a clean container (a glass container is best). Then put enough honey on top of the lemon slice to cover the whole slice
5. Make one layer of lemon slices and cover it with a layer of honey. Repeat the layers until you use up all the lemon
6. Put more honey into the container and make sure each corner of the container and each lemon slice is covered with honey. If you like sweeter lemonade, you can add more honey.
7. Use plastic wrap and a lid to cover the container
8. Put the container in the refrigerator for 3-5 days
9. Use a small of amount of lemon honey juice diluted with warm water or cold boiled water to make a delicious drink

Notes: This drink is good for strengthening your stomach, especially if you have a cold. It helps to get rid of cough and fever. Don’t pour the drink into hot water. It will destroy vitamin C. Look for organic lemons and honey.